

Beachfront Freshness

\$12⁹⁰
1KG
Onion Rings

BLUE WAVE™
— TEMPURA —
ONION RINGS

\$29⁵⁰
1KG
Double Crunch
Prawns

BLUE WAVE™
— DOUBLE CRUNCH —
PRAWNS

\$19⁵⁰
1KG
Squid

BLUE WAVE™
— SALT & PEPPER —
SQUID

\$13⁷⁵
1KG
Fish Bites

BLUE WAVE™
— CRISPY BATTERED —
FISH BITES

\$19⁵⁰
1KG
Squid Spirals

BLUE WAVE™
— SALT & PEPPER —
SQUID SPIRALS

BLUE WAVE™
KB

The Distributors Mt Gambier provides our diverse customer base a one stop supply, offering a local service, covering The Limestone Coast and Western Victoria. From food & beverage to commercial catering equipment, we've got you covered.

  [thedistributorsmtgambier.com.au](https://www.thedistributorsmtgambier.com.au)

Celebrating
35
YEARS IN BUSINESS



CW
Countrywide
Food & Beverage Solutions

INGHAM'S
Always Good

MAY-KING EVERY BITE CLUCKIN' DELICIOUS





SLAY YOUR ROAST AND WIN A WEEKLY **\$10,000** **MEAT** **GIVEAWAY**

Slay your roast menu this winter with an epic **\$80,000** meat giveaway!

Be one of 8 lucky winners to **score \$10,000** worth of premium meats from the meat supplier of your choice!

Buy \$150 participating UFS products and get 1 entry + **1 MAC Chef Series Chef's Knife 25.5cm!**



HOW TO ENTER

Text your name, email address and photo of invoice to **0436 967 461**

OR CLICK HERE TO ENTER



**Unilever
Food
Solutions**

1 MAY - 30 JUNE 2025

T&Cs apply. For full T&Cs visit ufsslayyourroast.com.au.
Max 5 knives per customer, can be claimed in 1 invoice. Unlimited entries to the draw.



Makes your taste buds feel Bao-nita!



Lotus Leaf Bao Buns Small 30g



EVERY BITE IS A FRUITY-CHOC DELIGHT



A Breath of Fresh Aussie Air!



\$33⁴⁰
70g x 24
Eucalyptus Drops

\$19³⁰
50g x 10
Honey & Eucalyptus Drops



MAKING THE WORLD A SWEETER PLACE, ONE LICK AT A TIME



**CHUPA CHUPS XXL
TRIO 20PCS**

**CHUPA CHUPS THE BEST OF
PRUM 100PCS**

**CHUPA CHUPS MELODY
POPS STRAWBERRY 48PCS**

MAY-KING EVERY CRUNCH COUNT!



Snackbrands
Australia





\$33.60
350ml x 12

Every Sip is a Tropical Trip



**BUY 4
GET 1
FREE**
600ml x 24



**BUY 3
GET 1
FREE**
500ml x 24

Juicy moments that Sparkle!

**BUY 5
GET 2**



PROMOTION INCLUDES: ALL 375ML SAM'S JUICES & 350ML SPARKLY SODAS

MAY-KING Bold Brews

NOODLEDOOF



HELLES LAGER

ICED COFFEE STOUT

PINEAPPLE PASSION SOUR

AUSTRALIAN PALE ALE

HAZY PALE ALE

Disclaimer: Alcohol can only be sold to individuals who are 18 years of age or older. We reserve the right to request proof of age at any point and to refuse service if age verification is not provided. Minimum purchase of 4.5L in one transaction applies

SUNTORY
OCEANIA

May Promotions

BUY ANY 3 AND GET
25% OFF

MAXIMUS FULL RANGE



MAXIMUS

ROCKSTAR

BUY 3 AND GET
25% OFF

MUST PURCHASE
TWO NEW
FLAVOURS



ROCKSTAR 500mL RANGE

BUY ANY 3 AND GET
20% OFF

MUST INCLUDE MOCHA

BOSS FULL RANGE



REAL AMBITION CALLS
FOR REAL COFFEE

*No. 1 canned coffee brand in Japan 2023. Intage.



CELSIUS.
LIVE FIT

BUY SUNSET VIBE GET
25% OFF



NEW!
**SUNSET
VIBE**

ZERO SUGAR
ESSENTIAL ENERGY

*VALID TO ROUTE CUSTOMERS ONLY AND EXCLUDES P&C AND GROCERY CUSTOMERS ALIGNED TO A NATIONAL PROGRAM.

Raidis Estate Wines

COONAWARRA



\$194⁹⁹
PER CASE OF 12

Cheeky Goat

PINOT GRIS | SKU: 100321
Featuring an aroma of fresh peach, pear and rose petals with a beautiful pale salmon colour.



\$136⁴⁵
PER CASE OF 6

Emma Sparkling

CHARDONNAY PINOT GRIS

| SKU: 100390

A delightful medley of green apple, citrus zest, nectarine and delicate floral notes - this Chardonnay Pinot blend takes on the very meaning of it's bubbly namesake Emma.



\$194⁹⁹
PER CASE OF 12

Laila

ROSÉ | SKU: 100406

Named after their beautiful daughter Laila, this wine shows characters of strawberries and cream with fresh peaches and a savoury finish.



\$194⁹⁹
PER CASE OF 12

The Kelpie

SAUVIGNON BLANC

| SKU: 100246

Named after the estates beloved dog Boofa the kelpie, this Sauvignon Blanc features an array of flavours from gooseberry, citrus & green apple with hints of pineapple.

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RAIDIS ESTATE
COONAWARRA



BONELESS BRISKET

537515 | 3.5kg+

PER KG \$14-



RUMP

536405 | 6kg+

PER KG \$16-



GS SCOTCH

535414 | 3.1kg+

PER KG \$40-



GS STRIPLIN

537426 | 5kg+

PER KG \$26-

PER KG \$39-

531511 | 1.8kg+

**May-ke
IT Meaty**
Meat Specials

**EDGEHILL SWEET
POTATO WEDGES**



\$11⁸⁰
1.1KG

**EDGEHILL
AVOCADO PULP**



\$9¹⁰
454G

**I&J AUSTRALIAN
HOKI BITES**

\$24¹⁵
1KG



**I&J BATTERED
PRAWN POPS**



\$24³⁰
1KG

**I&J BATTERED
FLATHEAD**

Simplot
AUSTRALIA



\$80⁹⁰
3KG

Tennessee BBQ Style Pork Ribs

COOKT

QUALITY MADE EASY
BROUGHT TO YOU BY



FOODSERVICE



\$19.50
1.6KG

STEP 1

PLACE ON OVEN
TRAY, GLAZE WITH
EXCESS SAUCE FROM
PACKAGING, COVER
WITH FOIL.

STEP 2

HEAT AT 180C FOR 10
MINUTES, SPOON
SAUCE OVER PORK,
COOK FOR A
FURTHER 10 MINUTES
UNCOVERED.

STEP 3

SERVE
AND
ENJOY!

NEW PRODUCTS

AERO



40G X 24

MILK CHOC BAR

KITKAT



65G X 24

MINT CRUSH

ALLEN'S



160G

PEACHES & CREAM

BUNDEBERG



250ML X 24

REFRESHINGLY LIGHT

ROCKSTAR



500ML X 12

ZERO SUGAR

CELSIUS



330ML X 24

SUNSET VIBE

MOUNTAIN DEW



1.25L X 12

600ML X 24

SPARKLING BERRY

SCHWEPES



300ML X 24

GINGER BEER

V RIISE



330ML X 12

SPARKLING

FROM FARM TO FORK : FROM FARM TO FORK : FROM FARM TO FORK : FROM FARM TO FORK

FARM FRITES®

POTATO MASH

\$ 10.90
2.5KG

\$ 12.00



**BEER BATTERED
ONION RINGS 1KG**

\$ 17.60



**SWEET POTATO
FRIES 9MM 2KG**

\$ 12.00



**OVAL HASHBROWNS
2KG**

FROM FARM TO FORK : FROM FARM TO FORK : FROM FARM TO FORK : FROM FARM TO FORK



AERO

Milk Choc Bubbles

40g x 24 | 224922

KITKAT

Gooley Choc-A-Block
* Sold by the Carton ONLY

170g x 13 | 223930



\$4.19*
Each



\$1.89*
Each

KITKAT

Mint Crush Bar
* Sold by the Carton ONLY

65g x 24 | 221152



New
Products

SOOTHERS

Refreshing Berry Liquid Centres
* Sold by the Carton ONLY

10lz x 24 | 228619



\$1.86*
Each

ALLEN'S

Peaches & Cream

170g | 221503



\$2.49
Each



Countrywide
Food Service Distributors

COUNTRY WIDE REWARDS

MAY 2025



This symbol indicates a participating product in the Country Wide Rewards program. Contact our reps for more information.



\$30⁹⁰
EACH



TLC FINE BREADCRUMBS WHITE 10KG



\$4260
EACH



DOUBLE PHOENIX PANKO
BREADCRUMBS 10KG



\$4215
CARTON



STRANGELOVE SPARKLING MINERAL
WATER 750ML x 12



\$4680
CARTON



STRANGELOVE SPARKLING MINERAL
WATER 350ML x 24 (6 x 4 PACKS)



\$1320
EACH



COTTEES TOPPING 3L
VANILLA | CHOCOLATE



\$315
EACH



ALTERNATIVE DAIRY CO OAT MILK 1L



\$11900
EACH



CALLEBAUT DARK CHOCOLATE CALLETS
2.5KG



\$8560
EACH



BATCH NO.5 AIOLI DRESSING 10KG
(AMBIANT)



\$15200
EACH



PORT MAHON MAYONNAISE 20KG



\$5336
8 PACK



PURE WASHROOM JUMBO TOILET ROLL
2PLY 300M x 8



\$5225
16 PACK



PURE WASHROOM HAND TOWEL ROLL
80M x 16



\$995
EACH



TAILORED PACKAGING BLUE GENERAL
PURPOSE WIPES ROLL (50CM x 30CM)



\$485
EACH



TAILORED PACKAGING BLACK HEAVY
DUTY GARBAGE BIN LINERS 82L x 200



**KRIO KRUSH FLAVON
CHICKEN SALT 10KG**

\$58⁵⁰
EACH



COUNTRY WIDE REWARDS

MAY 2025

PANTRY



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KRIO KRUSH CELERY SALT 700G

\$7⁵⁰
EACH



KEWPIE MAYONNAISE 1KG

\$11²⁰
EACH



ZOOSH ITALIAN DRESSING 2.6KG

\$18⁶⁰
EACH



ZOOSH TANGY TOMATO DRESSING 2.4KG

\$23⁹⁰
EACH



MAGGI RICH GRAVY MIX 2KG

\$27⁵⁰
EACH



MAGGI RICH GRAVY MIX 7.5KG

\$92⁵⁰
EACH



MAGGI SUPREME GRAVY MIX 7KG

\$96²⁰
EACH



MASTERFOODS PORTION CONTROL TOMATO SAUCE 14G x 100

\$20²⁰
CARTON



HEINZ BIG RED TOMATO SAUCE 4L

\$12⁹⁰
EACH



HEINZ BBQ SAUCE 4L

\$16⁸⁰
EACH



KNORR HOLLANDAISE SAUCE 1L

\$11⁸⁰
EACH



MASTERFOODS MUSTARD 2.5KG SEEDLED | DIJON | AMERICAN

\$21³⁰
EACH

FREEZER



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Food Service Distributors

COUNTRY WIDE REWARDS

MAY 2025



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\$165⁰⁰
CARTON



BLUE WAVE SKINON SALMON PORTIONS
200G x 5KG



\$39⁸⁰
CARTON



**MOKA BATTERED FRANKFURT
(MOKA DOG) x20**



\$66⁹⁰
CARTON



MOKA BATTERED FLAKE 5KG



\$57²⁰
CARTON



**MOKA JUMBO POTATO CAKES/
SCALLOPS 120PCS**



\$68⁰⁰
CARTON



**BLUE WAVE CRISPY BATTERED
FLATHEAD 3KG**



\$26⁸⁰
EACH



BLUE WAVE PRAWN CONES 1KG



\$58⁶⁰
CARTON



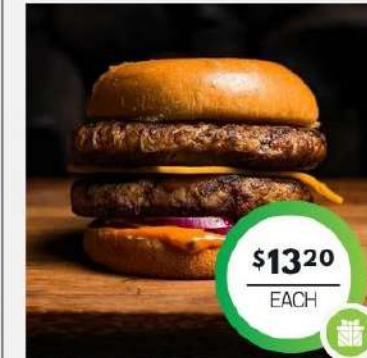
**BLUE WAVE PANKO CRUMBED LARGE
SQUID RINGS 4KG**



\$52⁵⁰
CARTON



**KB'S PINEAPPLE CUT SQUID FILLETS U5
5KG**



\$13²⁰
EACH



**FLINT & FIRE CLASSIC BEEF BURGER
120G x 8**



\$16⁵⁰
EACH



**FLINT & FIRE CLASSIC BEEF SLIDERS
40G x 18**



\$27³⁰
CARTON



**PRIESTLEY'S CITRUS TART GLUTEN
FREE 6 INDIVIDUAL**



\$31⁹⁵
CARTON



**SARA LEE INDIVIDUALLY WRAPPED
BLUEBERRY MUFFIN 120G x 15**



\$31⁹⁵
CARTON



**SARA LEE INDIVIDUALLY WRAPPED
CHOC CHIP MUFFIN 120G x 15**



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Food Service Distributors

COUNTRY WIDE REWARDS

MAY 2025

FREEZER

\$51⁹⁰
CARTON

WILDBREADS PLAIN OVAL
TURKISH BREAD 100G x 45



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\$47⁵⁰
CARTON

LA FAMILIA 7"
GARLIC BREAD LOAF 88G x 48



\$57²⁰
CARTON

AGB 9" CATERERS FOIL WRAPPED
GARLIC BREAD x 40



\$28⁶⁰
CARTON

TIP TOP ENGLISH MUFFINS 6 x 400G



\$4⁹⁰
EACH

MISSION 10" FLOUR TORTILLAS
12 PACK



\$63¹⁵
CARTN

PATTIES PARTY PIES 72PCS
(6 x 12 PACKS)



\$63¹⁵
CARTON

PATTIES PARTY PASTIES 72PCS
(6 x 12 PACKS)



\$63¹⁵
CARTON

PATTIES PARTY SAUSAGE ROLLS 72PCS
(6 x 12 PACKS)



\$67⁹⁹
CARTON

PATTIES MIXED VARIETY PARTY PIES
72PCS (6 x 12 PACKS)



\$15⁵⁰
EACH

STEGGLES DINOSNACKS 1KG



\$16⁵⁰
CARTON

INGHAM'S DICED ROAST CHICKEN MEAT
FREE FLOW 1KG



\$19⁸⁰
EACH

MARATHON DIM SIMS 3KG



\$12²⁰
EACH

FARM FRITES SEASONED WEDGES 2.5KG



Countrywide
Food Service Distributors

COUNTRY WIDE REWARDS

MAY 2025



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\$28³⁰
EACH

HOLY COW SHAVED PARMESAN
CHEESE 1KG



\$23⁹⁰
EACH

HOLY COW SHREDDED CHEESE 2KG
MOZZARELLA | TASTY



\$28⁵⁰
EACH

HOLY COW SHREDDED HI-MELT
CHEESE BLEND 2KG



\$76⁸⁵
EACH

PERFECT ITALIANO SHREDDED
MOZZARELLA CHEESE 6KG



\$22²⁰
EACH

BEGA CHEESE SANDWICH SLICES
1.5KG



\$22²⁰
EACH

MAINLAND TASTY CHEESE SLICES
1.5KG



\$21⁸⁰
EACH

ANCHOR HI-MELT BURGER CHEESE
SLICES 1.368KG



\$12⁷⁰
EACH

ANCHOR SMOOTH & CREAMY CREAM
CHEESE 1KG



\$9²⁰
EACH

ANCHOR UHT CULINARY CREAM 1L



\$39⁴⁵
EACH

BULLA THICKENED CREAM 5L



\$33⁶⁰
EACH

BULLA COOKING CREAM 5L



\$7⁵⁰
EACH

BULLA GREEK YOGHURT 1KG



\$24⁹⁰
EACH

WESTERN STAR BUTTER 1.5KG
SALTED | UNSALTED

COUNTRY WIDE REWARDS



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\$19⁵⁰
EACH

KRC COOKT TENNESSEE PORK BBQ RIBS 1.6KG



\$16²⁵
EACH

**DON HARDWOOD SMOKED
SHAVED HAM 1KG**



\$33⁹⁰
EACH

**KRC SHORT CUT BACON
2.5KG**



\$31⁸⁰
EACH

**DON RINDLESS MIDDLE
BACON RASHERS 2.5KG**

15b Avey Road (PO Box 873)
Mount Gambier SA 5290

(08) 8725 6833

enquiries@gmwsa.com.au

Register for InSeason Rewards today!

**SCAN
ME!**



thedistributorsmtgambier.com.au



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